

September 2022





Activities for All:



Programme for Adults with Learning Disabilities

If you would like to take part in any of the activities please get in touch, or turn up on the day.

All our activities are suitable for wheelchair Users.

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| <p>Wednesday from 7th September (term time only)</p> |  | <p>Y Wednesday Social Club</p> <p>7.30-9pm Organised activities, pool, a chance to socialise with your friends and have some fun. Tuck Shop. £3.50 No need to book.</p> |
| <p>Thursday (every week) 11am—12pm</p> |  | <p>AIDE Sport. Accessible games and keep fit.</p> <p>Book through Luke's FB page (AIDE Sport) or just turn up. £4 in advance or £5 on the day.</p> |
| <p>Thursday 8th onwards (term time only) 12.30-1.30pm</p> |  | <p>Lunch Club. Delicious home cooked food. Two courses for £2.50—a bargain!</p> <p>Please book if possible.</p> <p>See menu on our noticeboard</p> |
| <p>Thursday 8th onwards (term time only) 1.30-2.30pm</p> |  | <p>Art and Craft—something different every week. £4.00 pay on the day</p> <p>Please book if possible or just turn up.</p> |

We will complete a short registration form if you have not been to any of our activities before. Funding from the Baily Thomas Fund and Healthier Together help to keep our charges down.

Ring 01275 878405 or email juley.howard@clevedon.ymca.org.uk to find out more and book a place!

Clevedon YMCA Reg. Charity No. 250972, Marson Road, Clevedon BS21 7NN.